

SUFLAVE PREP SPLIT DOSING INSTRUCTIONS

SUFLAVE PREP REGIMEN:

Your kit should come with the following items:

- (2) Bottles of SuFlave Laxative
- (2) Flavor Enhancing Packets

PART ONE – THE EVENING BEFORE:

- 1) Open (1) flavor -enhancing packet and pour the contents into (1) bottle.
- 2) Fill the provided bottle with lukewarm water up to the fill line. Cap the bottle and gently shake until all powder has dissolved.
- 3) Drink 8-ounces of solution every 15 minutes until bottle is empty.
- 4) Drink an additional 16-ounces of clear fluid

PART TWO – THE MORNING OF PROCEDURE

- 1) Open (1) flavor -enhancing packet and pour the contents into (1) bottle.
- 2) Fill the provided bottle with lukewarm water up to the fill line. Cap the bottle and gently shake until all powder has dissolved.
- 3) Drink 8-ounces of solution every 15 minutes until bottle is empty.
- 4) Drink an additional 16-ounces of clear fluid – you must be done drinking clear fluid three hours prior to your procedure.



IMPORTANT REMINDERS!

- PATIENTS TAKING GLP 1 AGONISTS ARE REQUIRED TO COMPLETE THEIR PREP A FULL FOUR HOURS PRIOR TO THE PROCEDURE, HAVING NOTHING BY MOUTH WITHIN THIS FOUR-HOUR WINDOW.
- IF YOU FEEL YOU ARE UNABLE TO COMPLETE YOUR PREP WITHIN THE ALLOTTED TIME, YOU MAY START YOUR MORNING DOSE ONE HOUR EARLIER.
- DO NOT TAKE THE DOSE THE NIGHT BEFORE AND THE DOSE THE MORNING OF THE PROCEDURE WITHIN EIGHT HOURS OF EACH OTHER.
- YOU WERE GIVEN A PRESCRIPTION FOR ONDANSETRON; THIS MEDICATION CAN BE TAKEN TO HELP WITH NAUSEA DURING YOUR PREP. TAKE 1-2 PILLS APPROXIMATELY 10-15 MINUTES PRIOR TO PREP DOSE.