

PLENVU SPLIT DOSING INSTRUCTIONS

PLENVU REGIMEN:

Your kit should come with the following items:

- (3) pouches of laxative powder
- (1) 16-ounce jar

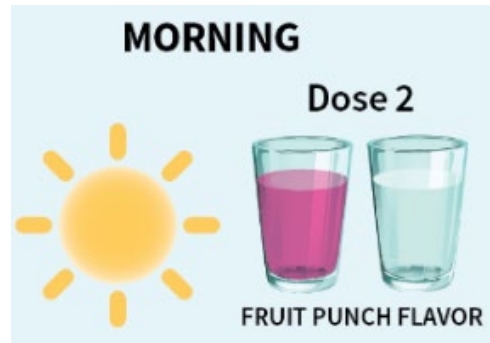
PART ONE – THE EVENING BEFORE:

- 1) Use the provided mixing container to mix the contents of PLENVU pouch labeled Dose 1 with 16 ounces of water until fully dissolved. Finish within 30 minutes.
- 2) Refill the container with 16 ounces of clear liquid. Finish within 30 minutes.
- 3) Continue drinking clear liquids to stay well hydrated.



PART TWO – THE MORNING OF PROCEDURE

- 1) Use the provided mixing container to mix the contents of PLENVU Dose 2 (Pouch A and Pouch B) with at least 16 ounces of water until fully dissolved. Finish within 30 minutes
- 2) Refill the container with 16 ounces of clear liquid. Finish within 30 minutes.
- 3) You may continue drinking clear liquids, stopping three hours prior to your procedure.



IMPORTANT REMINDERS!

- PATIENTS TAKING GLP 1 AGONISTS ARE REQUIRED TO COMPLETE THEIR PREP A FULL FOUR HOURS PRIOR TO THE PROCEDURE, HAVING NOTHING BY MOUTH WITHIN THIS FOUR-HOUR WINDOW.
- IF YOU FEEL YOU ARE UNABLE TO COMPLETE YOUR PREP WITHIN THE ALLOTTED TIME, YOU MAY START YOUR MORNING DOSE ONE HOUR EARLIER.
- DO NOT TAKE THE DOSE THE NIGHT BEFORE AND THE DOSE THE MORNING OF THE PROCEDURE WITHIN EIGHT HOURS OF EACH OTHER.
- YOU WERE GIVEN A PRESCRIPTION FOR ONDANSETRON; THIS MEDICATION CAN BE TAKEN TO HELP WITH NAUSEA DURING YOUR PREP. TAKE 1-2 PILLS APPROXIMATELY 10-15 MINUTES PRIOR TO PREP DOSE.