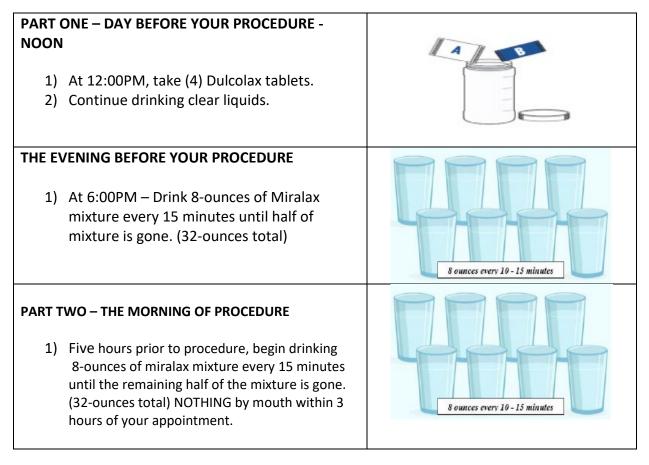
## **MIRALAX GATORADE REGIMEN:**

Your will need to pick up the following items:

- (4) Dulcolax Laxative Tablets containing 5mg of bisacodyl each (NOT THE STOOL SOFTNER)
- (1) 8.3-ounce bottle of Miralax (238 grams)
- 64 ounces of clear liquid (NOTHING RED)
  - Gatorade, G2, Gatorade Ice, Powerade, or Powerade Zero are acceptable.



## **IMPORTANT REMINDERS!**

- PATIENTS TAKING GLP 1 AGONISTS ARE REQUIRED TO COMPLETE THEIR PREP A FULL FOUR HOURS PRIOR TO THE PROCEDURE, HAVING NOTHING BY MOUTH WITHIN THIS FOUR-HOUR WINDOW.
- IF YOU FEEL YOU ARE UNABLE TO COMPLETE YOUR PREP WITHIN THE ALLOTED TIME, YOU MAY START YOUR MORNING DOSE ONE HOUR EARLIER.
- DO NOT TAKE THE DOSE THE NIGHT BEFORE AND THE DOSE THE MORNING OF THE PROCEDURE WITHIN EIGHT HOURS OF EACH OTHER.
- YOU WERE GIVEN A PRESCRIPTION FOR ONDANSETRON; THIS MEDICATION CAN BE TAKEN TO HELP WITH NAUSEA DURING YOUR PREP. TAKE 1-2 PILLS APPROXIMATELY 10-15 MINUTES PRIOR TO PREP DOSE.