

GALLON PREP SPLIT DOSING INSTRUCTIONS

GALLON PREP REGIMEN:

Your kit should come with the following items:

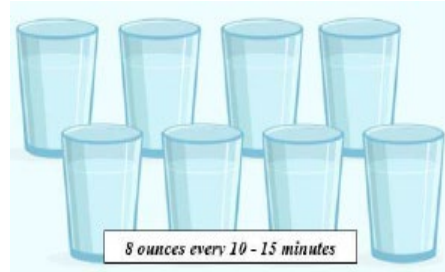
- (1) gallon container with laxative powder inside
- May contain flavor packets

PART ONE – THE EVENING BEFORE:

- 1) Prepare the laxative solution following the instructions on the box.
- 2) At 5:30 PM, take 1-2 ondansetron(zofran) 4mg tablets provided. This pill helps with nausea.
At 6:00PM, begin drinking the laxative solution. Drink one (1) glass every 10-15 minutes until you complete half the gallon (64 ounces).

PART TWO – THE MORNING OF PROCEDURE

- 1) 30 Minutes prior to the morning prep time, take 1-2 ondansetron(zofran) 4mg tablets provided.
- 2) Six (6) hours prior to the procedure, begin drinking the remaining half of the gallon prep. Drink 8 ounces every 15 minutes until finished. Nothing by mouth within three hours of your appointment.



IMPORTANT REMINDERS!

- PATIENTS TAKING GLP 1 AGONISTS ARE REQUIRED TO COMPLETE THEIR PREP A FULL FOUR HOURS PRIOR TO THE PROCEDURE, HAVING NOTHING BY MOUTH WITHIN THIS FOUR-HOUR WINDOW.
- IF YOU FEEL YOU ARE UNABLE TO COMPLETE YOUR PREP WITHIN THE ALLOTTED TIME, YOU MAY START YOUR MORNING DOSE ONE HOUR EARLIER.
- DO NOT TAKE THE DOSE THE NIGHT BEFORE AND THE DOSE THE MORNING OF THE PROCEDURE WITHIN EIGHT HOURS OF EACH OTHER.
- YOU WERE GIVEN A PRESCRIPTION FOR ONDANSETRON; THIS MEDICATION CAN BE TAKEN TO HELP WITH NAUSEA DURING YOUR PREP. TAKE 1-2 PILLS APPROXIMATELY 10-15 MINUTES PRIOR TO PREP DOSE.