

Procedure Date:		Scheduled With:	
Arrival Time:		Procedure Time:	
Procedure Location:			

You have been scheduled for a Colonoscopy with Wake Gastroenterology. **Please read all instructions ahead of time so you can be adequately prepared for this procedure.**

The following table will help you understand preparation instructions you must follow in the days prior to your procedure.

5 Days Prior	4 Days Prior	3 Days Prior	2 Days Prior	1 Day Prior	Day of Procedure
✓Normal Diet ✓Fill & Pick-Up Bowel Prep Rx			✓Soft Low Fiber Diet	✓Clear Liquid Diet ✓Begin your Prep at: 6:00 PM	✓Begin your final Prep Regimen at: _____ ✓Nothing to eat or drink after prep finished

SPECIAL MEDICATION INSTRUCTIONS

We recommend you make the following medication changes prior to your procedure.

- Blood-thinning medications (such as Coumadin, Ticlid, Plavix, Persantine, Aggrenox, and Lovenox) may need to be discontinued prior to your procedure. ****See "Special Instructions" noted on your prep handout for any medication change recommendations****
- Unless prescribed by your physician, please avoid the following medicines if possible: aspirin, aspirin products (e.g. Alka-Seltzer, BC Powder, etc.) or non-steroidal anti-inflammatory drugs (e.g. Ibuprofen, Nuprin, Advil, Aleve, Motrin, etc.) for 5 days prior to your appointment.
- Continue taking your other prescribed medications (e.g. blood pressure pills) as usual; if you have any questions about your medications, call your prescribing physician. **Do not take iron pills for 7 days prior to your procedure.**
- Diabetic Patients: If you take an oral hypoglycemic (“sugar pill”), do not take it the day of your procedure. If you are taking insulin, you should only take half (1/2) of your usual scheduled insulin dose before your procedure. **You must check with your prescribing physician to clarify this.**

*****Special Instructions For Your Procedure:**

Part One of your Suprep Regimen

(Evening Before Procedure)

- 1) Pour one (1) 6-ounce bottle of SUPREP into the mixing container.
- 2) Add clear liquid to the 16-ounce line and mix.
- 3) Drink All liquid in the container.
- 4) Refill and drink at least two (2) more 16-ounce glasses of clear liquid over the next hour.

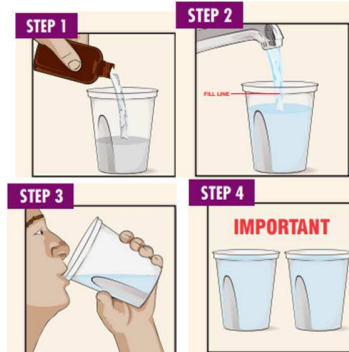
Part Two of your Suprep Regimen

(Morning of Procedure)

- 1) Pour one (1) 6-ounce bottle of SUPREP into the mixing container.
- 2) Add clear liquid to the 16-ounce line and mix.
- 3) Drink All liquid in the container.
- 4) Refill and drink at least two (2) more 16-ounce glasses of clear liquid over the next hour. Nothing by mouth within four hours of the appointment.

Date: _____

Begin your prep at 6:00pm



Date: _____

Time: _____

NOTHING BY MOUTH FOUR HOURS PRIOR TO PROCEDURE - Unless otherwise directed.
Any intake of liquid or food the morning of the exam will result in the delay or possible cancellation of your procedure.

REMINDER: Review ALL scheduling packet materials for information about the procedure, bringing a driver, billing details, cancellation policy and more!