

Procedure Date:		Scheduled With:	
Arrival Time:		Procedure Time:	
Procedure Location:			

You have been scheduled for a Colonoscopy with Wake Gastroenterology. **Please read all instructions ahead of time so you can be adequately prepared for this procedure.**

The following table will help you understand preparation instructions you must follow in the days prior to your procedure.



5 Days Prior	4 Days Prior	3 Days Prior	2 Days Prior	1 Day Prior	Day of Procedure
✓Normal Diet ✓Fill & Pick-Up Bowel Prep Rx			✓Soft Low Fiber Diet	✓Clear Liquid Diet ✓Begin your Prep at: 6:00 PM	✓Begin your final Prep Regimen at: _____ ✓Nothing to eat or drink after prep finished

SPECIAL MEDICATION INSTRUCTIONS

We recommend you make the following medication changes prior to your procedure:

- Blood-thinning medications (such as Coumadin, Ticlid, Plavix, Persantine, Aggrenox, and Lovenox) may need to be discontinued prior to your procedure. Contact your prescribing physician for instructions as you may need to be off these drugs up to 10 days prior to your procedure.
- Unless prescribed by your physician, please avoid the following medicines if possible: aspirin, aspirin products (e.g. Alka-Seltzer, BC Powder, etc.) or non-steroidal anti-inflammatory drugs (e.g. Ibuprofen, Nuprin, Advil, Aleve, Motrin, etc.) for 5 days prior to your appointment.
- Continue taking your other prescribed medications (e.g. blood pressure pills) as usual; if you have any questions about your medications, call your prescribing physician. Do not take iron pills for 7 days prior to your procedure.
- Diabetic Patients: If you take an oral hypoglycemic (“sugar pill”), do not take it the day of your procedure. If you are taking insulin, you should only take half (1/2) of your usual scheduled insulin dose before your procedure. You must check with your prescribing physician to clarify this.

*****Special Instructions For Your Procedure:**

<p><u>Part One of your Plenvu Regimen</u></p> <p>(Evening Before Procedure)</p> <ol style="list-style-type: none">1) Use the provided mixing container to mix the contents of PLENVU pouch labeled Dose 1 with 16 ounces of water until fully dissolved. Finish within 30 minutes.2) Refill the container with 16 ounces of clear liquid. Finish within 30 minutes. <p>Continue drinking clear liquids to stay well hydrated</p>	<p>Date: _____</p> <p>Begin your prep at 6:00pm</p>  <p>The graphic for 'EVENING DOSE 1' features a dark green background with a white crescent moon and star icon. Below the text, there are two glasses: the left one is filled with orange liquid and labeled '16 oz', and the right one is filled with clear liquid and labeled '16 oz'. At the bottom, it says 'MANGO FLAVOR'.</p>
<p><u>Part Two of your Plenvu Regimen</u></p> <p>(Morning of Procedure)</p> <ol style="list-style-type: none">1) Use the provided mixing container to mix the contents of PLENVU Dose 2 (Pouch A and Pouch B) with at least 16 ounces of water until fully dissolved. Finish within 30 minutes2) Refill the container with 16 ounces of clear liquid. Finish within 30 minutes.3) You may continue drinking clear liquids, stopping four hours prior to your procedure.	<p>Date: _____</p> <p>Time: _____</p>  <p>The graphic for 'MORNING DOSE 2' features a light green background with a pink sun icon. Below the text, there are two glasses: the left one is filled with pink liquid and labeled '16 oz', and the right one is filled with clear liquid and labeled '16 oz'. At the bottom, it says 'FRUIT PUNCH FLAVOR'.</p>

NOTHING BY MOUTH FOUR HOURS PRIOR TO PROCEDURE.

Any intake of liquid or food the morning of the exam will result in the delay or possible cancellation of your procedure.

REMINDER: Review ALL scheduling packet materials for information about the procedure, bringing a driver, billing details, cancellation policy and more!