

<b>Procedure Date:</b>		<b>Scheduled With:</b>	
<b>Arrival Time:</b>		<b>Procedure Time:</b>	
<b>Procedure Location:</b>			

You have been scheduled for a Colonoscopy with Wake Gastroenterology. **Please read all instructions ahead of time so you can be adequately prepared for this procedure.**

The following table will help you understand preparation instructions you must follow in the days prior to your procedure.

5 Days Prior	4 Days Prior	3 Days Prior	2 Days Prior	1 Day Prior	Day of Procedure
✓ Normal Diet  ✓ Fill and Pick-Up Bowel Prep Rx			✓ Soft Low Fiber Diet	✓ Clear Liquid Diet  ✓ Prepare and refrigerate mixture in the morning  ✓ Take 10mg Reglan tablet at 5:30 PM  ✓ Begin your Prep at: 6:00 PM	✓ Nothing to eat or drink after prep finished

**SPECIAL MEDICATION INSTRUCTIONS**

We recommend you make the following medication changes prior to your procedure.

- Blood-thinning medications (such as Coumadin, Ticlid, Plavix, Persantine, Aggrenox, and Lovenox) may need to be discontinued prior to your procedure. **\*\*See "Special Instructions" noted on your prep handout for any medication change recommendations\*\***
- Unless prescribed by your physician, please avoid the following medicines if possible: aspirin, aspirin products (e.g. Alka-Seltzer, BC Powder, etc.) or non-steroidal anti-inflammatory drugs (e.g. Ibuprofen, Nuprin, Advil, Aleve, Motrin, etc.) for 5 days prior to your appointment.
- Continue taking your other prescribed medications (e.g. blood pressure pills) as usual; if you have any questions about your medications, call your prescribing physician. **Do not take iron pills for 7 days prior to your procedure.**
- Diabetic Patients: If you take an oral hypoglycemic ("sugar pill"), do not take it the day of your procedure. If you are taking insulin, you should only take half (1/2) of your usual scheduled insulin dose before your procedure. **You must check with your prescribing physician to clarify this.**

**\*\*\*Special Instructions For Your Procedure:**

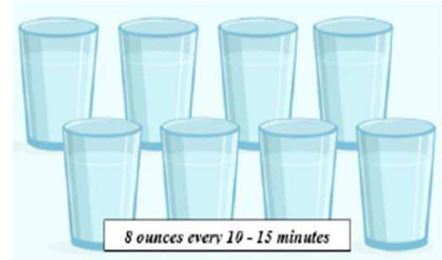
**Part One of your Gallon Prep Regimen**  
**(Evening Before Procedure)**

- 1) Prepare the laxative solution following the instructions on the box.
- 2) At 5:30 PM, take 1-2 ondansetron(zofran) 4mg tablets provided. This pill helps with nausea.
- 3) At 6:00PM, begin drinking the laxative solution. Drink one (1) glass every 10-15 minutes until you complete half the gallon (64 ounces).

**Part Two of your Gallon Prep Regimen**  
**(Morning of Procedure)**

- 1) 30 Minutes prior to the morning prep time, take 1-2 ondansetron (zofran) 4mg tablets provided.
- 2) Six (6) hours prior to the procedure, begin drinking the remaining half of the gallon prep. Drink 8 ounces every 15 minutes until finished.

**Date:** \_\_\_\_\_  
**Begin your prep at 6:00pm**



**Date:** \_\_\_\_\_  
**Time:** \_\_\_\_\_

**NOTHING TO EAT OR DRINK AFTER MIDNIGHT!! - Unless otherwise directed.**  
*Any intake of liquid or food the morning of the exam will result in the delay or possible cancellation of your procedure.*

**REMINDER: Review ALL scheduling packet materials for information about the procedure, bringing a driver, billing details, cancellation policy and more!**