

<b>Procedure Date:</b>		<b>Scheduled With:</b>	
<b>Arrival Time:</b>		<b>Procedure Time:</b>	
<b>Procedure Location:</b>			

You have been scheduled for a Colonoscopy with Wake Gastroenterology. **Please read all instructions ahead of time so you can be adequately prepared for this procedure.**

The following table will help you understand preparation instructions you must follow in the days prior to your procedure.

5 Days Prior	4 Days Prior	3 Days Prior	2 Days Prior	1 Day Prior	Day of Procedure
✓Normal Diet ✓Fill & Pick-Up Bowel Prep Rx			✓Soft Low Fiber Diet	✓Clear Liquid Diet ✓Begin your Prep at: 6:00 PM	✓Begin your final Prep Regimen at: _____ ✓Nothing to eat or drink after prep finished

**SPECIAL MEDICATION INSTRUCTIONS**

We recommend you make the following medication changes prior to your procedure.

- Blood-thinning medications (such as Coumadin, Ticlid, Plavix, Persantine, Aggrenox, and Lovenox) may need to be discontinued prior to your procedure. Contact your prescribing physician for instructions as you may need to be off these drugs up to 10 days prior to your procedure.
- Unless prescribed by your physician, please avoid the following medicines if possible: aspirin, aspirin products (e.g. Alka-Seltzer, BC Powder, etc.) or non-steroidal anti-inflammatory drugs (e.g. Ibuprofen, Nuprin, Advil, Aleve, Motrin, etc.) for 5 days prior to your appointment.
- Continue to taking your other prescribed medications (e.g. blood pressure pills) as usual; if you have any questions about your medications, call your prescribing physician. **Do not take iron pills for 7 days prior to your procedure.**
- Diabetic Patients: If you take an oral hypoglycemic (“sugar pill”), do not take it the day of your procedure. If you are taking insulin, you should only take half (1/2) of your usual scheduled insulin dose before your procedure. You must check with your prescribing physician to clarify this.

**Special Instructions For Your Procedure:**

**Part One of your Clenpiq Regimen**  
**(Evening Before Procedure)**

- 1) Drink one bottle of CLENPIQ directly from the bottle. Do not mix or dilute the solution.
- 2) Drink five (5) 8-ounce cups of clear liquid, taken at your own pace within the next five hours.

**Date:** \_\_\_\_\_  
**Begin your prep at 6:00pm**



**Part Two of your Clenpiq Regimen**  
**(Morning of Procedure)**

- 1) Drink one bottle of CLENPIQ directly from the bottle. Do not mix or dilute the solution.
- 2) Drink four (4) 8-ounce cups of clear liquid. Finish these four hours prior to your procedure time.

**Date:** \_\_\_\_\_  
**Time:** \_\_\_\_\_



**NOTHING BY MOUTH FOUR HOURS PRIOR TO PROCEDURE.**

*Any intake of liquid or food the morning of the exam will result in the delay or possible cancellation of your procedure.*

**REMINDER: Review ALL scheduling packet materials for information about the procedure, bringing a driver, billing details, cancellation policy and more!**